

Services Provided by physiotherapist

Physiotherapy is available to Tallangatta Health Service clients, residents and members of Tallangatta and the surrounding communities.

Physiotherapy:

- Provides advice and information following injury, surgery or hospitalisation
- Provides an assessment and treatment of movement disorders
- Helps to improve independence and function
- Provides injury prevention and self management for on-going conditions
- Mobility and rehabilitation– can provide advice and assistance with the purchase of suitable aids

Compliments and Complaints

If at anytime you have a concern or comment to make please do not hesitate to contact the Chief Executive Officer on 0260 715 200 or write to PO Box 77 Tallangatta VIC 3700

Tallangatta Health Service is a flexible and dynamic provider of services that meets the changing needs of our rural community



Tallangatta Health Service
is a
smoke free facility

Available at Tallangatta Health Service.

- Medical Centre
- Bolga Court : Residential and Respite
- Lakeview Nursing Home
- Respite Care
- Acute Hospital Care
- Home And Community Care
- District Nurse
- Occupational Therapist
- Meals on Wheels
- Women's Health
- Asthma Education
- Dietician
- Diabetes Education
- Exercise Classes, and Strength Training
- Podiatry
- Physiotherapy
- Bowen Therapy
- Activity Day Centre
- Social Worker
- School Dentist
- Red Cross Car
- Community Bus Hire
- Room Hire
- OSCH Childcare

Phone reception for more details. 0260 71 5200

PHYSIOTHERAPY



PO Box 77
25 Barree Street
Tallangatta
VIC 3700

Main Reception
Phone: 0260 71 5200
Fax: 0260 71 2795
Email: THS@ths.vic.gov.au

Inpatient Physiotherapy

This service is available
For inpatients of the Acute Ward
and residents of Lakeview Nursing
Home and Bolga Court Hostel.

Community/Outpatient Physiotherapy

This service is available to all members
of the community. Clinics are held
fortnightly.

**Appointments can be made by
phoning Reception on
0260 71 5 200**

A referral from your doctor is required
before attending the initial
Physiotherapy session



Physiotherapy Community Services

Physiotherapy is available to provide:

- Advice
- Treatment
- Education
- Support



on a variety of health issues including;

- Health and well being
- Managing chronic conditions
- Physical activity
- Strength training exercise programs
- Falls prevention
- Pain management
- Mobility problems
- Rehabilitation following surgery
- Healthy lifestyles



**MOVE WELL
STAY WELL
WITH
PHYSIOTHERAPY**



OUR VALUES

Caring to be sensitive and
responsive to each other

Honesty To be open, trustful
and trustworthy

Integrity to be open,
confidential and accountable

Respect to treat each other with
dignity, courtesy and as
individuals