

**TALLANGATTA HEALTH SERVICE**  
**OUR VALUES**

**Caring** to be sensitive and responsive to each other

**Honesty** To be open, trustful and trustworthy

**Integrity** to be open, confidential and accountable

**Respect** to treat each other with dignity, courtesy and as individuals



**Compliments and Complaints**

If at anytime you have a concern or comment to make please do not hesitate to contact the Chief Executive Officer on 0260 71 5200 or write to PO Box 77 Tallangatta VIC 3700

Tallangatta Health Service is a flexible and dynamic provider of services that meets the changing needs of our rural community



**Tallangatta Health Service**  
is a  
**smoke free facility**

**Available at  
Tallangatta Health  
Service.**

- Medical Centre
- Bolga Court : Residential & Respite
- Lakeview Nursing Home
- Respite Care
- Acute Hospital Care
- Home And Community Care
- District Nurse
- Occupational Therapist
- Meals on Wheels
- Women's Health
- Asthma Education
- Dietician
- Diabetes Education
- Exercise Classes, and Strength Training
- Podiatry
- Physiotherapy
- Bowen Therapy
- Activity Day Centre
- Social Worker
- School Dentist
- Red Cross Car
- Community Bus Hire
- Room Hire
- OSCH Childcare

For more details, phone reception: 0260 71 5200

**CARERS  
RESPITE  
DAY**



**PO Box 77  
25 Barree Street  
Tallangatta  
VIC 3700**

**Phone: 0260 71 5200  
Fax: 0260 71 2795  
Email: THS@ths.vic.gov.au**

## Carers Respite Day

This is a specialized day focused on providing some  
'Time Out'  
for people who are currently full time carers for a family member or friend.

Our aim of the Carers Respite Day is to provide a variety of enjoyable social outings and activities.  
Staff for this program have a nursing background with extensive experience in aged care, dementia and disabilities.

The Respite Program is held at  
Tallangatta Health Service Activity Centre  
on every second Wednesday from 10.30 til 3.30pm.

Cost is \$5.00 and this includes a two course lunch and afternoon tea, unless lunch is away from the health service, then people pay for their own.

If you require transport within Tallangatta the THS bus will collect you from your home and return you in the afternoon.

**For more information contact main reception on 0260 71 5200**

