

Activity Centre

The Activity Centre of the Tallangatta Health Service is open on Thursday from 10am til 3pm to HACC eligible community members



Services may be provided under the Veterans Home Care Program

Compliments and Complaints

If at any time you have a concern or comment to make, please do not hesitate to contact the Chief Executive Officer on 0260 71 5200 or write to PO Box 77, Tallangatta VIC 3700



Tallangatta Health Service is a flexible and dynamic provider of services that meets the changing needs of our rural community



Tallangatta Health Service

is a

smoke free facility

Available at Tallangatta Health Service.

- Medical Centre
- Bolga Court : Residential and Respite
- Lakeview Nursing Home
- Respite Care
- Acute Hospital Care
- Home And Community Care
- District Nurse
- Occupational Therapist
- Meals on Wheels
- Women's Health
- Asthma Education
- Dietician
- Diabetes Education
- Exercise Classes, and Strength Training
- Podiatry
- Physiotherapy
- Bowen therapy
- Activity Day Centre
- Social Worker
- School Dentist
- Red Cross Car
- Community Bus Hire
- Room Hire
- OSCH Childcare

Phone reception for more details. 0260 715 200

HOME AND COMMUNITY CARE



PO Box 77
25 Barree Street
Tallangatta
VIC 3700

Phone: 0260 71 5200
Fax: 0260 71 2795
Email: THS@ths.vic.gov.au

Home and Community Services

- This service is available through Tallangatta Health Service. Community members that would like to use the service are required to be assessed. Enquiries can be made by phoning reception on 0260 71 5200



Home Care

House keeping duties may include:

- Sweep, mop and vacuum floors
- Clean bath, basin, toilet, shower
- Wash and dry dishes
- Wash, dry and fold clothes
- Clean inside windows/mirrors to shoulder height
- Wipe bench tops and cupboard doors to shoulder height
- Clean/defrost refrigerator
- Dust/polish table tops
- Water pot plants
- Empty small rubbish bins
- Assist with shopping/bill paying
- Assist in cooking meals

Personal Care

Assistance is available for:

- Showering, bathing and bed sponges
- Hair washing and drying
- Toileting
- Cleaning teeth/dentures
- Dressing
- Assistance at meal times
- Colostomy care
- Cleaning spectacles
- Apply non medicated creams
- Eye drops/creams
- Assistance with medication
- Apply support socks
- Simple wound care
- Accompany to medical appointments
- Care of safety pendants
- Referrals

Gardening Services

Community mowing service is available for community members that require help for safety and accessibility reasons

Meals on Wheels

Hot meals are delivered Monday to Saturday in the Tallangatta township. Frozen meals are available in other areas.

Occupational Health and Safety

We ask you to respect the fact that staff are not to:

- Clean, wipe or dust above shoulder height
- Stand on a chair, stool or ladder to work
- Work under the house



Use of chemicals

Staff can only use these products:

- Lux/wool wash for handwashing
- Powders for washing machines
- Pine-O-Clean for toilets and bathrooms
- Cream cleansers for surfaces and toilets
- Liquid detergent for dishes
- Marveer or Mr Sheen for timber